

ZGEEL 2daagse 26: Session: 1: COACH evaluation sheet for TEAM: SCZ

Coachinfo: Warming up from: 07:10 untill 08:25. Teamleadmeeting @ 07:45 The listed starttimes are indicative!

Coaches: Bogaerts Michel

Coaches: Leys Leen HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BACKSTROKE MEN 11+ Heat:13, starttime: 08:55

Heat: 13/25 Lane : 4 Athlete: VANDERBORGHT MILAN				Q-time: 01:13:59
PB (25m pool): 01:13.59 Temse 17/11/2025				PB (50m pool): 01:17.45 SB: 01:13.59 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:36.60		01:13.59
		00:36.60		00:36.99
				

Coach feedback:

Event number: 1: 100M BACKSTROKE MEN 11+ Heat:14, starttime: 09:00

Heat: 14/25 Lane : 6 Athlete: WEGENER LUCA				Q-time: 01:13:50
PB (25m pool): 01:13.50 Zaventem 15/07/2025				PB (50m pool): 01:16.51 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:35.28		01:13.50
		00:35.28		00:38.22
				

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+ Heat:2, starttime: 09:20

Heat: 2/25 Lane : 5 Athlete: BAUM NORE				Q-time: 01:41:21
PB (25m pool): 01:41.21 Zaventem 15/07/2025				PB (50m pool): 01:44.46 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		00:47.45		01:41.21
		00:47.45		00:53.76
				

Coach feedback:

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Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 09:25
Heat: 3/25 Lane : 1 Athlete: MAHU AMY					Q-time: 01:38:66
PB (25m pool): 01:36.33 Zaventem 08/02/2026					PB (50m pool): 01:38.66 SB: 01:36.33 Zaventem 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.73		01:36.33	
	00:46.73		00:49.60		
					

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 09:25
Heat: 3/25 Lane : 5 Athlete: WEGENER LENA					Q-time: 01:38:64
PB (25m pool): 01:38.64 Temse 17/11/2025					PB (50m pool): 01:41.66 SB: 01:38.64 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.87		01:38.64	
	00:46.87		00:51.77		
					

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:12, starttime: 09:40
Heat: 12/25 Lane : 5 Athlete: BOGAERTS XENA					Q-time: 01:29:01
PB (25m pool): 01:29.01 Leuven 12/10/2025					PB (50m pool): 01:33.83 SB: 01:29.01 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.58		01:29.01	
	00:41.58		00:47.43		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:14, starttime: 10:30
Heat: 14/18 Lane : 4 Athlete: BOVE SAMUEL					Q-time: 01:03:21
PB (25m pool): 01:03.21 Leuven 12/10/2025					PB (50m pool): 01:04.37 SB: 01:03.21 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.03		01:03.21	
	00:30.03		00:33.18		
					

Coach feedback:

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Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 10:55
Heat: 7/42 Lane : 5 Athlete: BOGAERTS ENYA					Q-time: 01:19:99
PB (25m pool): 01:15.26 Zaventem 08/02/2026					PB (50m pool): 01:19.61 SB: 01:15.26 Zaventem 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.84		01:15.26	
	00:36.84		00:38.42		
					

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:11, starttime: 11:05
Heat: 11/42 Lane : 3 Athlete: MAHU AMY					Q-time: 01:14:62
PB (25m pool): 01:14.67 Zaventem 08/02/2026					PB (50m pool): 01:14.64 SB: 01:14.67 Zaventem 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.34		01:14.67	
	00:36.34		00:38.33		
					

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:17, starttime: 11:15
Heat: 17/42 Lane : 3 Athlete: BAUM NORE					Q-time: 01:09:94
PB (25m pool): 01:09.94 Leuven 23/02/2025					PB (50m pool): 01:09.85 SB: 01:10.28 Groenenhoek Berchem 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.32		01:09.94	
	00:33.32		00:36.62		
					

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:17, starttime: 11:15
Heat: 17/42 Lane : 6 Athlete: WEGENER LENA					Q-time: 01:10:52
PB (25m pool): 01:08.70 Zaventem 08/02/2026					PB (50m pool): 01:10.92 SB: 01:08.70 Zaventem 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.81		01:08.70	
	00:32.81		00:35.89		
					

Coach feedback:

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Event number: 4: 100M FREESTYLE WOMEN 11+					Heat:23, starttime: 11:20
Heat: 23/42 Lane : 4 Athlete: BOGAERTS XENA					Q-time: 01:07:57
PB (25m pool): 01:06.73 Zaventem 08/02/2026					PB (50m pool): 01:09.00 SB: 01:06.73 Zaventem 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.41		01:06.73	
	00:31.41		00:35.32		
					

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:14, starttime: 12:15
Heat: 14/28 Lane : 2 Athlete: WEGENER LUCA					Q-time: 01:16:92
PB (25m pool): 01:16.92 Tremelo 12/01/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.92	
	no time				
					

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:17, starttime: 12:20
Heat: 17/28 Lane : 3 Athlete: VANDERBORGHT MILAN					Q-time: 01:11:16
PB (25m pool): 01:11.16 Hannuit 18/01/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:11.16	
	no time				
					

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:22, starttime: 12:30
Heat: 22/28 Lane : 5 Athlete: BOVE SAMUEL					Q-time: 01:06:51
PB (25m pool): 01:06.51 Hannuit 18/01/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:06.51	
	no time				
					

Coach feedback: